Discovering My Learning Style

This lesson is designed to help students discover how they learn and remember information best, and how understanding their learning style can help them succeed in school and a career.

OBJECTIVES

Students will...

1. Learn about the three learning styles
2. Identify how they learn and remember information best
3. Explore how their learning style can help them in school and on the job

ACTIVITIES

PART 1 --

Content Knowledge

Lead a class discussion around learning styles and ask students the following questions:

1. What is a learning style?
2. How does knowing your learning style help you succeed in school and in a career?

PART 2 --

Applying Information

Read the options for A, B, and C to the class. Ask students to take notes on which option they most identify with.

A. Do you:
- Use visual objects such as graphs, charts, pictures, and diagrams?
- Read body language well?
- Memorize and recall information easily?
- Learn better by watching?
- Remember things that are written down?

B. Do you:
- Read materials out loud?
- Retain information through speaking and listening?
- Participate in class discussion?

C. Do you:
- Demonstrate how to do something rather than explain it?
- Prefer group work?
- Prefer a hands-on approach to learn new things?

Grade Level: 7

MEFA PATHWAY SECTIONS WITHIN THIS LESSON:
- Learning Styles Assessment
- Document Upload
- My Journal

DOMAIN:
- Social Emotional Learning

TIME:
- 45 minutes

MATERIALS NEEDED:
- Internet connection to work with the MEFA Pathway website

FUTURE READY SKILLS:
- Self-Awareness
- Critical Thinking

VOCABULARY:
- Learning Styles
- Visual Learning
- Tactile Learning
- Auditor Learning

Email any questions to: info@mefapathway.org

PATHWAY

LESSON PLAN

Next, ask students:

- Which do you think best describes the way you learn a new skill or concept: A, B, or C?
- Is there a time you used a combination of methods?
- In that case, why do you think a different learning method was helpful in that circumstance?
- Share the learning types below with the students:

    A = Visual (watching and reading)

    B = Auditory (listening and speaking)

    C = Tactile (hands-on and physical activity)

Explain to the students that everyone uses different strategies and methods to help them learn.

PART 3 ....

Evaluating Information

Direct students to log in to MEFA Pathway and complete the *Learning Styles* assessment in their *Digital Portfolio* by clicking *TAKE THE TEST* in the white *GET TO KNOW YOURSELF* box. After completing the assessment, students should update their result in their *Digital Portfolio*.

PART 4 ....

Critical Thinking/Creative Application

Have students create a digital poster, diagram, presentation, or drawing highlighting their current preferred learning style and identifying any aspects of other learning styles they would like to try.

After completion, students should upload the project to their *Document Library* on their MEFA Pathway *Dashboard*.

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Discovering My Learning Style Grading Rubric

CATEGORY	EXCELLENT 4	GOOD 3	SATISFACTORY 2	NEEDS IMPROVEMENT 1
Content Accuracy	All content on the presentation is accurate. There are no factual errors.	Most of the content is accurate but there is one piece of information that seems inaccurate.	The content is generally accurate, but one piece of information is clearly inaccurate.	The content is confusing or contains more than one factual error.
Sequencing of Information	The information is organized in a clear, logical way.	Most information is organized in a clear, logical way.	Some information is logically sequenced.	There is no clear plan for the organization of information.
Effectiveness	The presentation includes all material needed to give a good understanding of the topic.	The presentation is lacking one or two key elements.	The presentation is missing more than two key elements.	The presentation is lacking several key elements and has inaccuracies.
Use of Graphics	All graphics are attractive (size and colors) and support the topic of the presentation.	A few graphics are not attractive but all support the topic of the presentation.	All graphics are attractive but a few do not support the topic of the presentation.	Several graphics are unattractive AND detract from the content of the presentation.
Font Choice & Formatting	Font formats (size, bold, italic) have been carefully planned to enhance readability and content.	Font formats have been carefully planned to enhance readability.	Font formats have been carefully planned to complement the content. It may be a little hard to read.	Font formatting makes it very difficult to read the material.
Conventions. Student uses proper grammar, punctuation, and spelling.	The presentation has no misspellings or grammatical errors.	The presentation has 1- 2 misspellings, but no grammatical errors.	The presentation has 1- 2 grammatical errors but no misspellings.	The presentation has more than 2 grammatical and/ or spelling errors.

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